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| **Week 3** | **Monday**  | **Tuesday** | **Wednesday** | **Thursday**  | **Friday**  |
|  | Banana MuffinFresh FruitFruit JuiceVariety of Fluid Milk | Apple FrudelFresh FruitFruit JuiceVariety of Fluid Milk | Maple WafflesFresh FruitFruit JuiceVariety of Fluid Milk | Breakfast Pizza w/Cheese & Turkey SausageFresh FruitFruit JuiceVariety of Fluid Milk | Cinnamon RollFresh FruitFruit JuiceVariety of Fluid Milk |
|  | Chicken Alfredow/Penne Pasta Roasted CarrotsDinner RollFresh FruitVariety of Fluid Milk | Walking Dorito Beef TacoLettuce, Cheese, Black Bean & Corn SalsaFresh FruitVariety of Fluid Milk | Teriyaki ChickenSeasoned Brown RiceRoasted BroccoliFresh FruitVariety of Fluid Milk | Turkey Corn DogPotato WedgesFresh FruitVariety of Fluid Milk | Cheese PizzaSeasoned Green BeansFresh FruitVariety of Fluid Milk |
|  | Pesto Chicken Cheese Pizza | Broccoli & Cheddar Cheese Pizza | Spinach PizzaCheese Pizza | Buffalo Chicken Cheese Pizza | Turkey Pepperoni Cheese Pizza |
|  | Grilled Chicken SandwichHand-Pressed Cheeseburgers | Double Dogs SandwichHand-Pressed Cheeseburgers | Turkey and Cheese PaniniHand-Pressed Cheeseburgers | Chicken Parmesan SandwichHand-Pressed Cheeseburgers | Spicy Chicken SandwichHand-Pressed Cheeseburgers |
|  | **Enjoy Your Favorite … Burrito, Bowl or Nachos**Choose from the following selections:Chipotle Chicken, Seasoned Beef, Lime Cilantro Rice, Black BeansToppings include Lettuce, Cheese, Salsa’s, Sour Cream, Guacamole |
|  | **Create-Your-Own Fresh Salad**Daily Choice of: Romaine, Spring Mix, SpinachProtein Choices: Diced Chicken, Turkey, or TunaAssorted Toppings: Cucumbers, Onions, Tomatoes, Peppers, Chopped Eggs, Croutons, Shredded Cheese |
|  **Contact your Chef Resident Director at 216-295-4342 for questions or comments.** **This institution is an equal opportunity provider.** |
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**Middle School**